



TEGSA is hosting

On Friday, January 26th, 2018 at 140 Commander Blvd., Scarborough.

Type 2 Diabetes Management

Presentation by Chieng Kao and Johnny Yu

Chieng Kao, is a pharmacist owner at Shoppers Drug Mart, Woodside Square, located at McCowan Road and Finch Avenue East.

Johnny Yu, is a pharmacy student, at the same store They will be talking about diet, exercise, monitoring and medications.

6:00 p.m. Doors open

6:00-6:30pm Registration

6.30 -6:45p.m. Snacks

Please carry your own water bottles

7.15 p.m. **Presentation by Chieng Kao and Johnny Yu**

8.30 p.m. Tea/coffee and entertainment

9:00 pm: Bingo (Please bring exact change for your Bingo cards)

Cost: Members **FREE** Guests \$8.00 per person

To register please email Violet....violet11monteiro@bell.net **If you do not receive confirmation that you are registered, please, please do not show up for the event as we will not be able to accommodate you due to fire regulations.**

For catering purposes, the cut-off date for cancellation is Tuesday, January 23, 2018. You are responsible for payment of \$8.00 if you cancel after Tuesday, January 23, 2018 or do not show up on the day.

If you do not wish to receive further emails from TEGSA, please email Carol Fernandes at [SSUSEGAD@GMAIL.COM](mailto:ssusegad@gmail.com)


**KEEP
CALM
AND
STAY IN
CONTROL**