



TEGSA WALKING CLUB

Let's get fit again!

On Saturday, September 8th, thereafter every Saturday (except long weekends) at The Toronto Pan Am Sports Centre, 875 Morningside Avenue, Scarborough

To Register, please email Faye Swift at: regwithfaye@hotmail.com

Please note: A light healthy snack will be provided at 10:00 a.m. for those who register. There is a water fountain if you do not want to carry your water bottle.

If you do not wish to receive further emails from TEGSA, please email Faye Swift at fayeswift@hotmail.com



TEGSA IS HOSTING GETTING BACK TO WHAT MOVES YOU!

STARTS SEPTEMBER 8, 2018



When: 9:00 a.m. - 10:00 a.m.

TEGSA

